

Is it Tax Deductible?

Information for Nurses

Below is a list of suggested tax deductions that may be available to you as a **Nurse**. It should be noted, however, that everyone's situation will be different, and it is recommended that you talk to your accountant about any expenses you wish to claim.

WORK-RELATED EXPENSES

- Vehicle and travel**
 - ✓ Cost of attending meetings, seminars and training (incl. meals, accommodation and travel costs, parking fees, tolls, and public transport expenses)
 - ✓ Taxis or short-term car hire
 - ✓ Travel between primary and secondary workplace
 - ✓ Travel from home to place of education and back
 - ✓ Travel from workplace to place of education and back
- Clothing**
 - ✓ Clothing worn for medical reasons (for example, support stockings)
 - ✓ Compulsory uniforms
 - ✓ Conventional clothing damaged at work
 - ✓ Everyday footwear
 - ✓ Laundry and dry-cleaning
- Self-Education**
 - ✓ Cost of meals (if sleeping away from home)
 - ✓ Course fees, textbooks, stationery, photocopying and student union fees
 - ✓ Depreciation of computer apportioned for self-education
 - ✓ Home office expenses
 - ✓ Postage and stationery
- Other**
 - ✓ Agency commissions and agency fees
 - ✓ Annual practising certificate fees
 - ✓ Capital allowances
 - ✓ First aid courses

The above work-related expenses are provided that:

- you must have spent the money yourself and weren't reimbursed,
- it must be directly related to earning your income,
- you must have a record to prove it.

ALLOWANCES

You cannot automatically claim a deduction just because received an allowance. It must be shown as a separate amount on your payment summary:

- Motor vehicle
- Stocking
- Telephone
- District
- Travelling
- Shift
- Uniform and maintenance

ADDITIONAL | The following general expenses are also allowable:

- Bank charges on work-related or investment accounts
- Donations to registered charities
- Income Protection Insurance
- Sun protection items
- Taxation and accountancy fees